

**MOTORCYCLING QUEENSLAND – PRACTICE GUIDELINES**  
**As at 03/08/2010**

**7.8 PRACTICE**

1. Approval of MQ must be obtained by completing an application for a practice permit.
2. Practice times must be specific e.g.: 4pm - 6pm Tuesdays and Thursdays.
3. A Practice Supervisor, appointed by the club must be in attendance. Practice Supervisors must hold a minimum of a Level One Clerk of the Course or Level Two Steward Officials accreditation, or Level One Coach's Licence. The Practice Supervisor, or at least one other person in attendance who is not riding in the practice, must hold a current Senior First Aid certificate. A practice supervisor can not ride in the practice session.
4. No rider is allowed to practice unless they can produce a licence (either Competition or Recreational) or have signed a licence declaration with the appropriate fee, or purchased a Single Use Recreational Licence (see 10.8).
5. All riders must attend a Riders Briefing which may be collective or individual. The Riders briefing is a critical element of our risk management. It may be summarised and supported by a written document.
6. Protective Clothing requirements for all practice events are the same as the relevant discipline's requirements for competition.
7. Age groups and classes for all practice events are the same as the relevant discipline's requirements for competition.
8. Tracks should be well maintained and dust should be controlled.
9. Eligibility and machinery standards for all practice events are the same as the relevant discipline's requirements for competition.
10. The Practice Supervisor should meet the criteria outlined in point 3 and understand the minimum requirements regarding machinery and protective clothing.
11. A First Aid Kit of appropriate quality must be provided.
12. An operational telephone (either landline or mobile) must be readily available.
13. For each practice session riders **MUST SIGN AN INDEMNITY FORM.**
14. A completed Practice Report Form along with the Practice Indemnity forms and the \$1.00 per rider practice fee must be returned to MQ at the end of each month.
15. **There must be no combining of Junior and Senior riders at practice.**

16. For Junior Motocross and Dirt Track practice the only class combinations allowed are:  
50cc and 65 together, **or** 65cc and 85cc together, **or** 85cc and Junior Lites together. Eligibility for junior classes must be enforced as for competition. Bikes which are not approved for competition should not be allowed for practice.
17. The maximum number of riders participating in practice at any time must be no more than 60% of the number of gates if there are no Marshals, or, a number equal to the number of starting gates or grid positions if marshals are in attendance at every flag point. Some Natural Terrain Motocross Tracks may have higher practice numbers noted on their Track Licence.
18. The Practice Supervisor must complete the Practice Report Form, and an Injury Report (see appendix) for any accident requiring ambulance transport or medical attention. Where Clubs conduct regular permitted practice sessions throughout the month (eg every Tuesday & Thursday), practice reports may be sent to MQ in a group at the end of each month.
19. All tracks must have no more than one access and one exit point. Practice Supervisors must constantly monitor access and exit points to ensure only the nominated class of riders is on the track at any time.
20. Any event, regardless of type, where there are likely to be more than 200 participants must have an ambulance on site and must have a minimum of Level Three (3) Clerk of Course or Steward managing the event with the assistance of a marshalling team.

<b>Number of riders</b>	<b>Minimum Number of Practice Supervisors required</b>
Less than 20	1 x Level 1 Clerk of Course (Practice Supervisor) or Level 1 or 2 licenced coach
20-50	1 x (minimum) Level 1 Practice Supervisor or level 1 or 2 licenced coach and 1 Marshal
50-100	1 x Level 2 Clerk of Course and 2 marshals or; 1 x Level 1 or 2 licenced coach and 2 marshals or; 2 practice supervisors and 2 marshals.
More than 100	1 x Level 2 Clerk of Course, or level 1 or 2 licenced coach and at least 1 Practice Supervisor and Marshals to keep line of sight between points. More than 100 riders requires professional first aid service.
More than 200	1 x Level 3 Clerk of Course or Steward and Marshals to keep line of sight between points. More than 200 riders requires ambulance in attendance.

\* These figures are based on the number of rider likely to attend the practice and are not a rigid formula to deal with actual rider numbers.

21. MQ may conduct a risk assessment on a track to help us determine how many practice supervisors are required at each track. This will become part of the annual Track Inspection procedure. All parts of the Track must be visible by a supervisor or a marshal dedicated to the task of monitoring obscured track sections at all times. All clubs are encouraged to use radio communication to link these marshals to the practice supervisor.
22. A practice supervisor's exam consists of 20 questions, and the pass requirement is 75% or better.
23. Clubs must ensure that their tracks are managed by authorised Practice Supervisors, and the keys for all tracks should be supplied to these supervisors, Senior Club Officials and the track builders only. Keys should not be provided to club members generally.