

ASSESSMENTS

To get a competition licence, you need to satisfactorily complete two assessments which are detailed on the following pages.

ASSESSMENT 1 – COMPETENCY

There are 10 coaching competencies/modules for an accredited coach to run through when assessing a junior rider. Each activity carries a 'recommended time' and it is expected that riders will take this time to be deemed competent at each activity. It is anticipated that some riders will be able to demonstrate these competencies in less than the recommended time which is indeed one of the ways in which the new system aims to allow juniors to progress through the system in an efficient manner. Once you have satisfied your coach that you are competent for your age, they will sign the space next to each module.

It is okay to do the coaching over a number of days or weeks. Your coach will sign each module as you complete it. You might have a number of different coaches, so make sure that the coach who takes you for a module signs your assessment sheet.

ASSESSMENT 2 – THEORY

This short test is to make sure you have understood the important facts in this booklet. You should also read the Manual of Motorcycle Sport if you want more details.

You will also increase your understanding of the rules and race-craft by attending race days. Your coach and other club members can also help you.

INSTRUCTIONS

- Answer the questions by ticking the response you think is right.
- You may be helped by a parent or guardian.
- You can refer to what's in this booklet or the Manual of Motorcycle Sport when taking this test.
- The pass mark for this test is 23 correct out of 25.

ASSESSMENT 1 COMPETENCY

Applicant's name: _____
 Applicant's phone no [_____]

I am applying for: Log Book & Licence Log Book only [for 1 event licences only]

Cut pages 24 & 25 from this booklet and send to your SCB with your application form.

Module no. and Coaching Activity	Duration: Recommended Minimum and Actual	Competent? Yes / No	Date	Permit Number
Group Based Discussion:				
1. Discuss/Present the correct riding safety gear/ attire for your discipline and demonstrate the ability without help to pick up your own bike	Rec. Min.- 15 mins Actual -			
2. Describe and understand the safe entry and exit of the competition and pit areas	Rec. Min.- 15 mins Actual			
3. Group discussion based on knowledge and understanding of the sport - Existing, recent and relevant rules from the GCR's, pertaining to behaviour, protests, drugs in sport etc.	Rec. Min.- 25 mins Actual -			
On-bike practical skills Session:				
4. Discuss/Demonstrate and evaluate the ability to use the clutch in a number of areas applicable to your discipline	Rec. Min.- 20 mins Actual -			
5. Discuss/Demonstrate and evaluate the ability to start from the starting area while maintaining a reasonably straight line (if applicable)	Rec. Min.- 15 mins Actual -			
6. Discuss/Demonstrate and evaluate correct riding position in a range of applications (straights, corners, over obstacles relevant to their sport if applicable)	Rec. Min.- 30 mins Actual -			
7. Discuss/Demonstrate and evaluate the ability to maintain control of your bike while riding various track/section conditions	Rec. Min.- 30 mins Actual -			
8. Discuss/Demonstrate and evaluate the ability to maintain safety while riding with other competitors	Rec. Min.- 30 mins Actual -			
9. Discuss/Demonstrate and evaluate the ability to use brakes applicable to your discipline a) in a controlled drill/skill. b) on a track/section	Rec. Min.- 40 mins Actual -			
10. Discuss/Demonstrate and evaluate the ability to negotiate discipline specific skills and obstacles	Rec. Min.- 25 mins Actual -			
Overall competency (circle):				YES / NO

Motorcycle Capacity and Discipline	Coach Name: (block letters)	Coach Signature	Coach Lic No.